

Exercise Science – B.S. – 2017-18

To the student: Please make sure you are using the correct check sheet based on your enrollment year. YOU are responsible for making sure you are on the correct check sheet and completing all program requirements accurately and on time.

Min Total Hours Required: 124
 Total Lib Arts Hrs Req'd: 60
 Min overall GPA for mjr accept & grad: 2.0
 Other: Min major GPA of 2.0
 Other: No grade less than C- in major

Residence Requirements:
 31 Hrs at RWC
 15 Hrs in Major at RWC
 Of last 31 Hrs, 24 at RWC

Name: _____

General Education Requirements		SHr	Grd
Pick two from the following*:			
ART 101	Intro to Visual Arts (or a Non-Liberal Arts studio art course)	2, 3	
MUS 104	Intro to Music (or a Non-Liberal Arts music ensemble for one year)	2	
FNA 102	Intro to Dance	2	
PSY 101	General Psychology	3	
PSY 201	Hist, Eco, Soc Sci Elect	3	
BIB 101	Old Tstmnt Lit & Theol	3	
BIB 102	New Tstmnt Lit & Theol	3	
CMC 101	Principles of Speech	2	
CMP 101	Principles of Writing	3	Min C-
CMP 102	Writing & Research	3	
GED 100	First-Year Seminar*	2	
GED 401	Senior Seminar	2	
HST 102/103	Western Civ I or II	3	
LIT	Intro to Lit or 200-Level Survey*	3	
N/A	Mathematics	N/A	N/A
PED 100	Fitness for Life	1	
PED	Physical Ed Skills♣	1	
PHL 202	Phil & Ethical Issues*	3	

Foreign Language		SHr	Grd
	Foreign Language♦	(3)	
	Foreign Language♦	(3)	
	Foreign Language♦	(3)	

Lab Science		SHr	Grd
N/A	Lab Science	N/A	N/A

*Honors program students may elect to take FNA 110H, GED 100H, HUM 150H, HUM 151H, and LIT 210H instead.

♣No more than 2 hrs may be counted toward degree

♦Or proficiency as outlined in the College catalog

Other Elective Credits to Reach 124 Hours		SHr	Grd

Major Requirements: 62 Hours		SHr	Grd
BIO 111&L	General Biology I & Lab	3,1	
Select one of the following sequences:			
BIO 201&L	Human Anatomy/Physiology I & Lab	3,1	
BIO 202&L	Human Anatomy/Physiology II & Lab	3,1	
OR			
BIO 320&L	Comparative Anatomy & Lab	3,1	
BIO 321&L	Physiology & Lab	3,1	
AND			
BIO 205	Principles of Nutrition	3	
BIO 323&L	Exercise Physiology & Lab	3,1	
EXS 324&L	Exercise Testing & Prescription & Lab	3,1	
EXS 325	Athletic Injury Prevent & Treat	3	
EXS 326	Motor Development	3	
EXS 450	Exercise Science Internship	2-3	
EXS 498	Undergraduate Research	1-3	
PSY 310	Health Psychology	3	
PED 202	CPR & First Aid	2	
PPE 250	Sci. Basis for Exercise	3	
PPE 350	Analysis of Human Motion	3	
PPE 360	Motor Learning	3	
SMM 202	Principles of Sports Management	3	
Additional Requirements			
CHM 111&L	Principles of Chemistry I & Lab	3,1	
CHM 114	Intro to Gen, Organic & Bioch. & Lab	4	
MTH 200	Elementary Statistics	3	
CSC 101 or	Introduction to Computers or	2	
CSC 140	Computer Science I	4	

Electives Needed for Pre-PT		SHr	Grd
PHY 101&L	General Physics I & Lab	3,1	
PHY 102&L	General Physics II & Lab	3,1	
BIO 112&L	General Biology II & Lab	3,1	