

TIPS 4 SUCCESS WORKSHOP SERIES

ELLEN STOWE | MONDAY'S, 12:00 - 12:50 P.M. | OPEN TO ALL STUDENTS!



AUGUST 30

Be Productive, Not Busy | Learning Center

A full course load can be overwhelming and finding time to meet your many obligations can be stressful. Take away simple pointers to help you complete everything with time to spare!



SEPTEMBER 13

Stress Ed | Counseling Center

Understand your stress and learn how to manage it to maximize academic performance.



SEPTEMBER 20

Conquering the online world | Learning Center

Find new ways to organize and track the additional requirements of online learning. Learn new ways to keep focused on the class and find an environment that will work for you as you learn.



SEPTEMBER 27

Study Better, Not Longer | Learning Center

Turns out your favorite study strategies may not be as effective as you think. Learn techniques proven to be effective for the long term and get better grades than ever before.



OCTOBER 4

Memory Techniques for Test Time | Learning Center

Feeling the pressure of course work requiring memorization? Learn time tested strategies for memorizing and devise mnemonic devices to help you organize and cue your learning for retrieval when you need it most.



OCTOBER 18

Become. Career. Ready. | Career Development

Actively engage in your career development NOW! Explore the Career Center's online Career Development Plan, Handshake, and Roberts MyPlan resources.



OCTOBER 25

ABCs of College Reading: How to Know What's Important | Learning Center

With so many text books and college reading assignments, how is a student supposed to get through them, identify what's important, and then remember it all? Gain practical tips for improving your approach to college level reading.



NOVEMBER 1

Resilience | Counseling Center

Recognize and develop your resilience. Learn the secrets of a resilient mind, how to adapt to change, and overcome life's challenges.



NOVEMBER 8

Learn Your Strengths | Clifton Strengths Assessment Trainer

Learn about how to interpret and leverage the feedback from your Clifton Strengths assessment. This concise course will help you make the most of a strengths based focus in your collegiate life and career.



NOVEMBER 15

Need new habits? | Learning Center

Tiny changes in what you do every day lead to big results in your life. Come and design your own practical strategies to build habits that lead to big success.

Each student will receive one point for each workshop attended. For every three points earned, students will be entered into a drawing for a **\$100 Amazon Gift Card** at the end of the semester! There will be a drawing for a **\$5.00 gift card** at each workshop. Open to ALL students. For more information, contact Tabitha Arrendell at arrendell_tabitha@roberts.edu. Hope to see you there!



ROBERTS
WESLEYAN COLLEGE