

Health Center Overview and Mission

Good health is a key component of a student's academic success. The college therefore maintains a well-equipped, professionally staffed Health Center offering a basic level of medical care for our traditional undergraduate students.

The goal of the Health Center is to promote the physical and mental well being of our student body through health education, prevention, and treatment of common, acute, and chronic health conditions.

Staff

The Health Center staff is here to assist students achieve and maintain optimum health. We *“pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well”* (3 John 2).

Shannon Gianotti Nurse Practitioner

Shannon Gianotti in joining the Health Center in the Fall 2009. She is a graduate of Wheaton College with a B.A. in Communications, University of Rochester with a B.S. in Nursing and University of Rochester, School of Nursing with a M.S. Nursing, Family Nurse Practitioner Program.

Shannon will work collaboratively with Dr. Henry Paszko for patient referrals as needed. Nurse practitioners in the state of New York are licensed to diagnose and treat illnesses. They can write prescriptions; administer immunizations; order x-rays; and refer patients to specialists such as surgeons, orthopedists, physical therapists, and chiropractors

Blandine P. Burks Administrative Assistant

Blandine Burks has been the Health Center Administrative Assistant since Fall 2006. She provides administrative support to the nurse practitioner; responsible for monitoring immunization and insurance records. Blandine is the liaison between Markel Insurance Company and students enrolled in the college insurance plan. In the fall of 2008, Blandine began to also provide administrative support to the Counseling Center.

Location, Hours, Phone Number

The Health Center is located at the Voller Athletic Center (VAC) on the second floor at the Wellness Center at Suite 231.

Office hours are Monday through Friday from 8:00a.m. to 5:00p.m. during the Fall and Spring semesters. During the summer, the Health Center is open for administrative purposes only from Tuesday through Friday from 9:00a.m. - 2:00p.m.

Appointments are encouraged and appreciated; patients can usually be seen on a same-day basis. The phone and voice mail number is (585) 594-6360. The fax number of the Health Center is (585) 594-6920.

In Case of Emergency

When the Health Center is closed, an ill or injured Residence student should contact a Residence Advisor or Residence Director for assistance.

In any life-threatening situation: (1) **call Campus Security (x6170)**, (2) **call 911**, (3) notify the Residence Advisor or Residence Director.

Examples of Emergencies:

- Severe or unstoppable bleeding
- Loss of consciousness
- Seizure
- Heart attack
- Sudden loss of speech, vision, hearing, or movement of body part
- Drug/alcohol overdose or poisoning
- Suicide attempt
- Broken bone
- Severe injury from a knife or gunshot
- Back or neck injuries

Local Hospital Emergency Departments

Strong Memorial Hospital

585-275-4551

601 Elmwood Avenue

Rochester, NY 14642

<http://www.stronghealth.com/services/emergency/index.cfm>

Park Ridge Hospital

585-723-7070

1555 Long Pond Road

Rochester, NY 14626

http://www.unityhealth.org/parkridge_ed.asp

Lakeside Memorial Hospital

585-637-3131

156 West Avenue

Brockport, NY 14420

<http://www.lakesidehealth.com>

Rochester General Hospital

585-922-2000

1425 Portland Avenue

Rochester, NY 14621

http://www.viahealth.org/body_departments.cfm?id=895

Highland Hospital

585-341-3880

1000 South Avenue

Rochester, NY 14620

<http://www.stronghealth.com/services/emergencymedhh/index.cfm>

Local Non-Urgent Care Facilities**QuickCare Unit****Park Ridge Hospital**

1555 Long Pond Road

(585) 723-7070

Open 9 a.m. to midnight

Treatment of minor injuries and illnesses (cuts requiring stitches, upper respiratory tract infections, or other problems not requiring extensive evaluations).

http://www.unityhealth.org/parkridge_ed.asp and scroll down to “Facility” heading

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AfterHours Medical Care

(585) 338-1200

www.lifetimehealth.org

Appointment line is open:

M-F 12 noon to 10 p.m.

Sat 12 noon to 9 p.m.

Sun 10 a.m. – 9 p.m.

Available to anyone **by appointment only** even if a student is not a member of Lifetime Health. Locations are listed below:

Greece Health Center

470 Long Pond Road

Rochester, NY 14612

Marion B. Folsom Center

1850 Brighton-Henrietta Town Line Road
Rochester, NY 14623

Joseph C. Wilson Center

800 Carter Street
Rochester, NY 14621

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St. Mary's Walk-In Clinic

89 Genesee Street
Rochester, NY 14611
(585) 368-3531

http://www.unityhealth.org/services_walkin.asp

Open 24 hours day. No appointment is necessary, parking is free, and all forms of insurance are accepted. Provides care for minor emergencies such as cuts, sprains, strains, sore throat, the flu, headaches, back pain, emergency dental care, and mental health care. The center also has X-ray capability.